

PACKAGE MENU

SOUL PAIN & STRESS PACKAGE (OUR SIGNATURE PACKAGE)

Thai Foot Wash
Invigorating Full Body Exfoliation and Mud Wrap
Thai Head massage
Thai Aroma or Traditional Full Body Massage
Refreshment

R850 (Treatment Duration 2 Hours 15 Minutes)



SOUL REVIVE

Refreshment
Thai Foot Wash
Invigorating Full Body Exfoliation and Mud Wrap
Thai Head massage
Thai Aroma or Traditional Full Body Massage
Spa Lunch
Manicure
Pedicure
Free Paraffin Dip (Pedicure or Manicure)

R1660 (Treatment Duration 4 Hours 15 Minutes)

WWW.SOULTHAI.CO.ZA

SOUL RESCUE

Thai Foot Wash
Invigorating Full Body Exfoliation
with a Thai Head Massage
Thai Aroma or Traditional Full Body Massage
Refreshment

R760 (Treatment Duration 1 hour 45 minutes)

EXTRAS R100

Paraffin Dip
Heel peel
(with mani or pedi only)

AT SOUL THAI SPA,
WE BELIEVE THAT MASSAGE IS NOT
A LUXURY. BUT A WAY TO LIVE A HAPPIER, HEALTHIER
LIFE.

OUR PACKAGES ARE SPECIFICALLY DESIGNED
TO PROMOTE HEALTH AND WELLBEING
BY DRAWING ON CENTURIES OF THAI TRADITIONAL
HEALING.

LATE ARRIVALS WILL CONCEDE THERAPY TIME AT FULL PRICE.
PLEASE ARRIVE 15 MIN PRIOR TO YOUR APPOINTMENT IF YOU
ARE A FIRST TIME VISITOR.

SOUL THAI IRENE
11 MAIN RD. IRENE
(012) 993 2268 | 073 109 2143
IRENE@SOULTHAI.CO.ZA

SOUL THAI CENTURION
CNR HARVARD & LYTTLETON AVE
(012) 654 7094 | 067 714 4448
CENTURION@SOULTHAI.CO.ZA

SOUL THAI SERENE
SERENITY ESTATE 382 SERENE ST
(012) 809 1835 | 073 243 4500
SILVERLAKES@SOULTHAI.CO.ZA

THANK YOU FOR YOUR LOYAL SUPPORT

SOUL

THAI SPA

JUST RELAX.
WE'VE GOT YOUR BACK
(AND LEGS AND ARMS AND
SHOULDERS AND HANDS AND FEET)



AT SOUL THAI SPA,
WE PRIDE OURSELVES ON OFFERING
TREATMENTS THAT NOT ONLY
HELP RELIEVE STRESS
BUT ALSO PROMOTE HEALING.

TREATMENT MENU

SOUL SESSION

60 Minute Full Body Thai Massage
and 30 Minute Foot or Head Massage

Our most popular treatment is designed to showcase
the ancient healing power of Thai Massage and
unlock your wellbeing and vitality.

Healing and indulgence combined.

R600
(Save R80)



THAI AROMA HOT OIL MASSAGE

Full body / Back, neck and shoulder.
Using soothing oil for it's healing and calming
properties,
long palm strokes are applied to assist absorption by the
skin and aid skin repair.
Thumb pressure is used around the shoulders to relieve
tired muscles. (soft / medium / strong)



THAI HOT HERBAL COMPRESS

A light to medium massage.
The herbal compress is a combination of special
herbs that improve blood circulation and alleviate muscle
tension.

This treatment is available as a foot treatment too.
Additional **R100** per treatment



THAI SPORTS MASSAGE

R100
extra

A strong deep tissue oil massage to relieve muscles
tightened by sporting activity.

THAI PREGNANCY MASSAGE

Soul Thai therapists are specifically trained in
professional therapeutic prenatal and postnatal
massage.
Pregnancy Massage is recommended for 60 minutes
only.

All treatments available for purchase as a Gift Voucher at WWW.SOULTHAI.CO.ZA

ALL THAI MASSAGE

60 min
90 min
120 min

FULL BODY SCRUB

(45 Minutes, includes head massage)

Manicure
Pedicure

R400
R520
R730

R400
R300
R350

HOT STONE MASSAGE

Hot stone massage is a specialty massage where the
therapist uses smooth, heated stones as an extension
of their own hands, or by placing them on the body.
Additional **R100** per treatment

THAI FOOT TREATMENTS

This foot treatment concentrates on the delicate areas
of the feet, neck and shoulders.

30 min (up to the knee) **R280**
60 min (full leg) **R400**