

# PACKAGE MENU

AT SOUL THAI SPA,  
WE BELIEVE THAT MASSAGE IS NOT  
A LUXURY. BUT A WAY TO LIVE A HAPPIER, HEALTHIER LIFE.

OUR PACKAGES ARE SPECIFICALLY DESIGNED  
TO PROMOTE HEALTH AND WELL BEING  
BY DRAWING ON CENTURIES OF THAI TRADITIONAL HEALING.

## SOUL PAIN & STRESS PACKAGE (OUR SIGNATURE PACKAGE)

Thai Foot wash  
Invigorating Full Body Exfoliation and Mud Wrap  
Thai Head massage  
Thai Aroma or Traditional Full Body Massage  
Refreshment

**R750** (Treatment duration 2 Hours 15 Minutes)

## SOUL MOMMY TO BE OR SOUL REJUVENATE

Thai Foot wash  
Thai Aroma or Traditional Full Body Massage  
Manicure + Free Paraffin dip  
Pedicure + Free Paraffin dip  
Refreshment

**R850** (Treatment duration 3 Hours 15 Minutes)

## SOUL REVIVE

Refreshment  
Thai Foot wash  
Invigorating Full Body Exfoliation and Mud Wrap  
Thai Head massage  
Thai Aroma or Traditional Full Body Massage  
Spa Lunch  
Manicure + Free Paraffin dip  
Pedicure + Free Paraffin dip

**R1350** (Treatment duration 4 Hours 15 Minutes)

## SOUL RESCUE

Thai Foot wash  
Invigorating Full Body Exfoliation  
with a Thai Head massage  
Thai Aroma or Traditional Full Body Massage  
Refreshment

**R660** (Treatment duration 1 hour 45 minutes)

## 3-IN-1 PACKAGE

Manicure  
Pedicure  
NIMUE Pamper Facial  
Refreshment

**R740** (Treatment duration 1 hour)

## EXTRAS R60

(with mani or pedi only)  
Paraffin Dip  
Heel peel  
French paint nails

ADD 30 MIN EXTRA MASSAGE TO ANY PACKAGE FOR **R150**

ADD NIMUE PAMPER FACIAL TO ANY PACKAGE FOR **R300**

### THANK YOU FOR YOUR LOYAL SUPPORT

SOUL THAI CENTURION  
CNR HARVARD & LYTTLETON AVE  
(012) 654 7094  
CENTURION@SOULTHAI.CO.ZA

SOUL THAI MORELETA  
CNR RUBENSTEIN & WEKKER ST  
(012) 993 2258  
MORELETA@SOULTHAI.CO.ZA

SOUL THAI SILVERLAKES  
STOCKS CENTRE, 5 GRAHAM RD  
(012) 809 1835  
SILVERLAKES@SOULTHAI.CO.ZA

LATE ARRIVALS WILL CONCEDE THERAPY TIME AT FULL PRICE. PLEASE ARRIVE 15 MIN PRIOR  
TO YOUR APPOINTMENT IF YOU ARE A FIRST TIME VISITOR.

SOUL  
THAI SPA

JUST RELAX.  
WE'VE GOT YOUR BACK  
(AND LEGS AND ARMS AND  
SHOULDERS AND HANDS AND FEET)

AT SOUL THAI SPA,  
WE PRIDE OURSELVES ON OFFERING  
TREATMENTS THAT NOT ONLY  
HELP RELIEVE STRESS  
BUT ALSO PROMOTE HEALING.

WWW.SOULTHAI.CO.ZA

# TREATMENT MENU

THE GOOD LUCK SPA

# EXTRAS

## TRADITIONAL THAI MASSAGE

**Full body / Back, neck and shoulder.**

This massage has the ability to heal, relax and realign the body. It works more deeply than other massage techniques. It is the lack of oil, special outfit and obscure postures that distinguish this massage.

## THAI AROMA HOT OIL MASSAGE

**Full body / Back, neck and shoulder.**

Using soothing oil for it's healing and calming properties, long palm strokes are applied to assist absorption by the skin and aid skin repair. Thumb pressure is used around the shoulders to relieve tired muscles (**soft / medium / strong**).

## THAI HOT HERBAL COMPRESS

A light to medium massage. The herbal compress is a combination of special herbs that improve blood circulation and alleviate muscle tension.

This treatment is available as a foot treatment too. Additional **R50** per treatment.

## THAI SPORTS MASSAGE

A strong deep tissue oil massage to relieve muscles tightened by sporting activity. Additional **R50** per treatment.

## THAI PREGNANCY MASSAGE

Soul Thai therapists are specifically trained in professional therapeutic prenatal and postnatal massage. Pregnancy Massage is recommended for 60 minutes only.

## HOT STONE MASSAGE

Hot stone massage is a specialty massage where the therapist uses smooth, heated stones as an extension of their own hands, or by placing them on the body. Additional **R50** per treatment.



## ALL THAI MASSAGE

<b>60 min</b>	.....	<b>R350</b>
<b>90 min</b>	.....	<b>R460</b>
<b>120 min</b>	.....	<b>R600</b>

**Sinus Massage** (30 min) ..... **R250**

**Manicure** ..... **R200**

**Pedicure** ..... **R240**  
(Male and Female)

## THAI FOOT TREATMENTS

This foot treatment concentrates on the delicate areas of the feet, neck and shoulders.

<b>30 min</b> (up to the knee)	<b>R250</b>
<b>60 min</b> (full leg)	<b>R350</b>

## EXTRAS

<b>Hot Herbal Compress</b> .....	(add) <b>R50</b>
<b>Sports Massage</b> .....	(add) <b>R50</b>
<b>Hot Stone Massage</b> .....	(add) <b>R50</b>
<b>Cupping</b> .....	(add) <b>R50</b>

**Threading** ..... **R60 - R120**  
(Depending on area)

**Mehndi** ..... **R80 - R500**  
(Depending on size and design)



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